

DAY CONFERENCE

**INVESTING IN INFANTS:  
THEORY AND GOOD  
PRACTICE IN INFANT MENTAL  
HEALTH**

**PRESENTERS**

**Dr Philip Wilson**

Senior Clinical Research Fellow, Primary Care and General Practice, University of Glasgow

**Anthoulla Koutsoudi**

Solicitor and Member, WAVE Trust (Worldwide Alternatives to Violence)

**Dr P O Svanberg**

Consultant Clinical Psychology and Psychology Lead, Family Health Partnership, Department of Health

**Dr Christine Puckering**

Consultant Clinical Psychologist, University of Glasgow and Royal Hospital for Sick Children, Glasgow

**Dr David Ward**

Consultant Psychiatrist, Newcastle CAMHS and Chair, ACAMH North East

**Thursday 22 April 2010**

**Darwin Suite, Centre for Life, Newcastle upon Tyne, NE1 4EP**

The North East Branch of ACAMH is delighted to present this timely conference on a topic, which has recently been the subject of much media attention. Infant mental health, its importance in terms of future development and its contribution to youth and adult mental stability, has been highlighted in a number of studies, which have shown that family, community, educational and environmental influences all have an impact on the growing infant brain.

Bringing together expert, experienced and recognised presenters, practitioners and academics, the sessions draw out the most salient markers in terms of developmental issues, impacts, longer-term consequences and prevention strategies. Of relevance and appeal to all those engaged across the age ranges serviced by mental health resources, irrespective of discipline or sector, this is a unique opportunity to learn, share and engage; a day not to be missed.

**CONFERENCE PROGRAMME**

- 09.30 Registration and Coffee
- 09.50 **Introduction to the morning sessions: Why Does Infancy Matter to Mental Health?** – Dr Christine Puckering
- 10.00 **Why does Infancy Matter? Making Sure we get the Timing Right in Brain Development** – Dr Philip Wilson
- 11.15 Morning Coffee Break
- 11.30 **0 – 3 The Critical Years and Long Term Consequences** – Anthoulla Koutsoudi, Wave Trust
- 12.45 Lunch
- 13.45 **Introduction to the Afternoon Sessions: What Can we do to Support Infant Mental Health?** – Dr David Ward
- 14.00 **The Family Nurse Partnership** – Dr P O Svanberg
- 15.00 **Infant Mental Health: From Universal to Intensive Interventions** – Dr Christine Puckering
- 16.00 Plenary Session – submitted questions during the day
- 16.30 Close

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